

Free



Triple P Seminar: The Power of Positive Parenting

October 20 6:30 p.m. to 8 p.m.

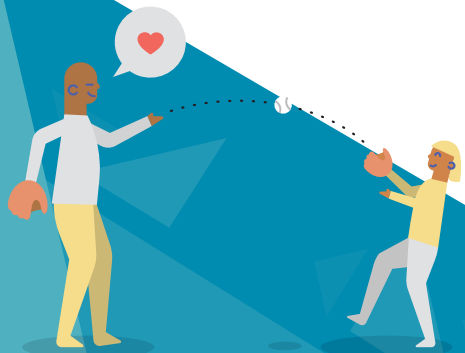
For: Parents and caregivers of children ages 2-12

Struggling with your child's behaviour?

Learn how to turn challenges into opportunities for success. Join us online for ideas to reduce the stress of parenting and to strengthen family relationships.

This course is designed to help you:

- Develop positive strategies for dealing with misbehaviour.
- Feel more comfortable with your parenting skills.
- Gain a better understanding of what you can expect for your child's age and stage.
- Plan ahead for difficult situations.



To register visit:

strathcona.ca/parentsupport

For more information visit:

strathcona.ca/familyresourcenetwork



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