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# Strathcona County Child and Youth Coalition

FEBRUARY NEWSLETTER

## February: Choose Kind

Choosing kindness is a choice each of us can make every day - for yourself and others. Join the Choose Kind movement throughout February! Everyone is invited to join and support our community-driven social outcomes of safety, connectedness and inclusion!

# Choose Kind

Now more than ever, we need to work together to 'Choose Kind'. This past year has been challenging and it's important to remember that how we treat ourselves influences our treatment of others. Kindness starts with self-compassion and showing the same understanding towards ourselves as we would a friend experiencing a difficult time or setback. Kindness has been proven to reduce stress and anxiety as well as boost health and happiness. Participate in free workshops and try to Crack the Code to Kindness!

Choose Kind

Can you crack the kindness code?

For the month of February, you will find interactive signs

with fun code cracking activities around Strathcona  
County. Do you have what it takes?

Choose Kind: Educational Workshop Series

How do you dad? Choose Kind!

# Youth Strategy

We are looking for youth and young adult leaders looking to make a change in their community and to play a leadership role in developing a Youth Strategy for Strathcona County. Do you know an awesome Strathcona County youth or young adult between the ages of 14-24? Please encourage them to sign up for a Next Gen Action Group! Online information sessions about the Next Gen

Action Groups are scheduled for February 2 and February 11.

Next Gen Action Group

## Welcome to Kindergarten in Elk Island Public Schools

Is your child turning five on or before Dec. 31, 2021? If so, it's time to register for kindergarten. Kindergarten registration in Elk Island Public Schools (EIPS) for the 2021-22 school year is now open. To help families prepare, EIPS has put together an online EIPS Kindergarten Toolkit to make the transition as smooth as possible. Resources include information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more.

EIPS Kindergarten Toolkit



Kindergarten Registration









## Boys and Girls Club of Strathcona County

The Boys and Girls Club of Strathcona County is accepting before and after school program registrations at multiple locations and for Fall 2021! For the next three months families will receive 50% off their fees for their first month and any existing members who refer a new family will also receive 50% off one month of their fees!



## ECCA Resource Space

The ECCA Resource Space was developed to honour and share the work of Early Childhood Coalitions of Alberta. It is a compilation of resources developed and/or gathered by Family and Community Support Services Association of Alberta (FCSSAA) and Early Childhood Coalitions of Alberta (ECCA).

The ECCA public Website will continue to run for the next



3 years!

ECCA Website

## Community Education Service

Supporting your children to have healthy relationships  
during a pandemic

School-and-community-based strategies to support  
newcomer youth and families

Friend or Foe? How to create healthy relationships  
with digital devices in the family

## Tamarack Institute

Innovative Approaches in Ending Social Isolation in  
Canada

Community Building Podcasts

# Community Catalyst Program Journey

The Community Catalyst Program brought together a cohort of changemakers from six communities across the province who wanted to find and test new solutions to a “stuck” problem facing their community. Nicoll Schreiner (Guest Services Representative III, Recreation Parks and Culture) and Kayla Blackadar (Child and Youth Coalition Assistant) applied for the opportunity and were successful! When the community catalyst project came to an end in October 2020, they were asked to create something to depict their journey through the program. They decided to create a timeline to capture some of the key moments in the project.













Unicorns in Government Blog

Do you have success stories you would like to share?  
Email them to [kayla.blackadar@strathcona.ca](mailto:kayla.blackadar@strathcona.ca) so they can  
be featured in our newsletter.

FYI: If there is anything you wish to be shared on the  
Child and Youth Coalition Facebook Page  
([www.facebook.com/SCChildandYouthCoalition](http://www.facebook.com/SCChildandYouthCoalition)) please  
email [kayla.blackadar@strathcona.ca](mailto:kayla.blackadar@strathcona.ca).

[Appreciate](#)

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