Strathcona County Family Resource Network

Parenting is a journey and everyone needs help sometimes. The Family Resource Network offers a range of FREE parenting supports and services including:

- Information on child and youth development
- Working through parenting challenges
- Supporting unique parenting plans
- Connecting to community resources
- In-home and virtual parenting support

Follow us on Facebook:
facebook.com/strathcona.familyresourcetwork

For more information, call Family and Community Services at 780-464-4044 or email familyresourcenetwork@strathcona.ca

To register, visit strathcona.ca/familyresourcenetwork



Programs for Children and Youth



Confident Kids

For children to develop confidence and strong social-emotional skills, they need opportunities to experience peer interactions in a safe and encouraging environment. This interactive program will create space for your young person to connect with others and learn new skills in a fun way!



Back to School Bash

The Strathcona County Child and Youth Coalition invites Strathcona County youth to participate in a night of fun at the Back to School Bash! The event will feature: live entertainment, snacks, swag, prizes and an outdoor movie screening!



Internet Safety

It is important to learn how to stay safe and remain private online. Join us as we discuss current trends, games, and apps and the impact they can have on users.



Youth Painting Party

Painting is a fun way to de-stress and meet new people. You don't have to be an artist. Bring a friend and enjoy a night of painting, music and more! (All supplies provided.)



Gingerbread Build-Off

Join us for a free gingerbread building competition! Complete the challenge independently or as a team with friends. (All supplies provided.)

Alberta Health Services Mental Health Capacity Building

STRATHCONA COUNTY